

## Ulster Branch, IARU

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## 2010 Commonwealth Rowing Championships Welland, Ontario, Canada – July 31<sup>st</sup> – 1<sup>st</sup> August 2010

### Team Northern Ireland selection criteria

#### Introduction

The Commonwealth Rowing Championships (CRC) will be held in Welland, Ontario, Canada at the Welland International Flat-water Centre on July 31<sup>st</sup> and August 1<sup>st</sup> 2010. It is the intention of the Rowing Ireland Ulster Branch Committee to identify a team of athletes brought together to represent Northern Ireland at the Championships.

Rowing Ireland Ulster Branch (RIUB) will take responsibility for the selection of the Northern Ireland representatives at the CRC.

#### Commonwealth Rowing Crews

A decision has been made by the event organisers to limit the team size to a maximum of eight athletes and a coxswain.

#### *Athletes*

2 open weight men  
2 open weight women  
2 lightweight men  
2 lightweight women  
1 coxswain

#### *Events athletes will be expected to compete in:-*

M1x, M2-, M2x, M4-, Mixed8+  
W1x, W2-, W2x, W4x, Mixed8+  
LM1x, LM2-, LM2x, M4-, Mixed8+  
LW1x, LW2-, LW2x, W4x, Mixed8+  
Mixed8+ (& coach support)

#### Eligibility of Athletes

To be eligible for selection to represent Northern Ireland on an Ulster Rowing crew, athletes must have –

#### **BOTH**

- A valid Rowing Ireland licence for 2010. This is available from the Rowing Ireland Secretary through an affiliated Rowing Ireland club.
- Competed for a Northern Ireland rowing club between 1<sup>st</sup> Apr 2009 and 31<sup>st</sup> Mar 2010 at an event.

**AND** be able to provide evidence of one (1) of the following:-

- Born in Northern Ireland
- One parent born in Northern Ireland
- Twelve (12) months continuous residency prior to the event (verifiable as necessary)

#### Selection Criteria and Standards

It is intended that selection of the team, to a maximum of eight athletes would take place via the Grand League Regattas taking place in Ireland in 2010.

#### Athletes

Athletes are asked to compete in the categories that they wish to be considered in for selection (i.e. lightweight rowers must compete in the open weight category if they wish to also be considered for selection in that category). The relevant boat categories that will be considered are-

**M1x LM1x W1x LW1x**

*Lightweights must weigh-in between two hours and one hour before racing. Lightweight men must be a maximum of 72.5kg (Crew average of 70kg at the Commonwealth Rowing Championships).  
Lightweight women must be a maximum weight of 59kg (Crew average of 57kg at the Commonwealth Rowing Championships).*

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### **Selection Protocol**

Selection will take place within the Grand League Regattas. The two best placed scullers (based on points) in each category (M1x, LM1x, W1x & LW1x) from TWO of the following THREE nominated events - **Skibbereen Regatta, Queens Regatta and Dublin Metropolitan Regatta**. If any of the nominated events are cancelled RIUB will nominate an event to allow completion of selection.

**In case of more than two athletes in joint first place, or more than one person in second place; the better placed athlete at the most recent head-to-head will be selected.**

Lightweights have the opportunity to compete at lightweight and heavyweight.

### Coxwains

#### **Selection Protocol**

The most successful coxswain (1<sup>st</sup> to 6<sup>th</sup> placings) in Grand League Regattas at the following nominated events - **Skibbereen Regatta, Queens Regatta and Dublin Metropolitan Regatta**. If any of the nominated events are cancelled RIUB will nominate an event to allow completion of selection.

**In case of more than one coxswain in joint first place; the better placed coxswain at the most recent head-to-head will be selected.**

### **Initial Expressions of Interest**

RIUB requests expressions of interest by **12<sup>th</sup> March 2010** to indicate if there is support for the CRC. Send your name, date of birth, rowing club and weight category you wish to be considered for (open, light or both) to the Rowing Convenor at [info@rowingulster.com](mailto:info@rowingulster.com)

### **Final deadline for Declaration of interest**

Athletes should declare their interest via email, on or before **5.00pm on Friday 23 April 2010** to the Rowing Convenor at [info@rowingulster.com](mailto:info@rowingulster.com)

### **Anti-doping**

All athletes must fully comply with the current Rowing Ireland Anti-doping policy.

[http://www.iaru.ie/documents/1\\_AntiDopingRules2009Version.pdf](http://www.iaru.ie/documents/1_AntiDopingRules2009Version.pdf)

### **Funding**

No funding is available for this event from Sport Northern Ireland or Rowing Ireland Ulster Branch. All aspects of training, preparation and competition must be met by individuals within the team.

Costs would include flights, accommodation, subsistence, clothing, boat hire, etc.

### **Appeals**

In the event of an applicant to or a participant in the 2010 CRC programme appealing against a decision or action of the RIUB or anyone appointed by RIUB for the purposes of the CRC 2010, the RIUB will engage **'The Sports Disputes Resolution Panel'**.

The Appeals Panel will be empowered to call witnesses and take expert advice. The Panel will report its findings to the RIUB.

Any appeal must be notified in writing to the Chair of the RIUB within 14 days of the date of the complaint arising. Delay may cause the Appeals Panel to refuse to hear the appeal.

Athletes and RIUB should be deemed to accept and be bound by the outcome of appeal proceedings.

### **Contact**

Further Information will be supplied closer to the event and as the RIUB receive it from event organisers. If you have any further queries please contact the Rowing Convenor at [info@rowingulster.com](mailto:info@rowingulster.com)

Yours in Rowing,

Richard Archibald  
Rowing Convenor  
Rowing Ireland Ulster Branch